



**JOEL LUNDQVIST
HOCKEY CAMP**



Foto: T. Crona

JOEL LUNDQVIST HOCKEY CAMP

A PART OF FRÖLUNDA INDIANS HOCKEY SCHOOLS

Every summer we gather boys and girls at Öckerö, an island just outside of Gothenburg. They spend six days in our arena to practice ice hockey and they all love it!

SUMMER 2017 (July 2 - Aug 4)

We are expanding our camps with a girls group and an additional fifth camp week

Our very popular instructors leads the groups. Joel will visit one day per week, except for July 30-Aug 4. During this time, Frölunda's Pro-, J20-, J18-, and U16-team will start their preseason's at Öckerö Ice Arena.

NEW! GIRLS CAMP U13-U16

On the ice, we use Frölunda Indians game idea with focus on stick handling, shooting and a lot of small games. Price including accommodation and full board. The price is the same if you choose to sleep at home.

Participants: 4 goalies and 30 players.

July 2-7, born 2002-2005..... **4800 SEK**

DEVELOPMENT CAMP – CAMP WITHOUT ACCOMMODATION

Focus on basic ice hockey, skating, and a lot of small games. Price including lunch, dinner and evening meal. Participants per week: 32-34.

July 16-21, born 2006-2007

July 30-Aug 4, born 2006-2007

July 30-Aug 4, born 2008-2009..... **3600 SEK**

DEVELOPMENT CAMP

On the ice, we use Frölunda Indians game idea with focus on stick handling, shooting, and a lot of small games. Price including accommodation and full board. The price is the same if you choose to sleep at home.

Participants per week: 30-32.

July 2-7, born 2005-2006

July 9-14 july, born 2004-2005

July 23-28, born 2005-2006..... **4800 SEK**

ELITE CAMP

More demanding camp with tough training both on and off the ice. On the ice, we use Frölunda Indians game idea with focus on puck control, shooting, and a lot of small games. Price including accommodation and full board. The price is the same if you choose to sleep at home. Participants per week: 28-30.

July 2-7, born 2002-2003

July 9-14, born 2002-2003

July 16-21, born 2003-2004

July 23-28, born 2003-2004 **5000 SEK**

All participants will receive a custom designed Joel Lundqvist Hockey Camp hoodie, a cap and photos, both individual and group.

The camp is held at Öckerö, an island just outside of Gothenburg – a perfect environment for recreation and exercise. Here we are close to everything; ice rink, housing, food and salty water. The accommodation is at a school located just a ten minute walk from the rink.

The camp starts on Sundays at 2 pm and ends on Fridays between 2 pm and 5 pm. Remember that the camps require that you can stay away from your family five nights in a row. Our camps are demanding and sets a fast pace, of course, adapted to each level – be sure to come well prepared.

Between time on the ice there is time for recovery and socializing with other participants. On Wednesdays, all groups have a camp evening including barbeque and activities in the water. All camps also contain theory lessons.

The camp is conducted in cooperation with Lundqvist Goalie Camp. Participants of the Elite Camp will sometimes be used as shooters at the goalie's ice sessions.

The hockey camp is owned by Frölunda HC, Joel and Henrik Lundqvist, and Skärgårdens SK, whose rink we are housed in.

Terms of payment: Registration fee, 1000 SEK, is to be paid within 10 days after registration. After registration you will receive an e-mail with further payment information. The entire fee is to be paid no later than Apr 30.

Read more about payment terms, cancellations, insurance information and more on www.frolundacamps.se. If you have any questions, please contact Göran Pigenius, goran.pigenius@frolundaindians.com.

Welcome!



With focus on becoming a better hockey player and with dedicated training, we want to create memories that will inspire on and off the ice. With our three key words; **PRACTICE, JOY and SOCIALIZING** we want players, coaches and parents to join our camp with a positive attitude and with an ambition to create a world-class hockey camp.

Henrik and Joel

in collaboration with Frölunda HC and Skärgårdens SK



Join our Facebook group
www.facebook.com/lundqvistgoaliecamp



**Frölunda Indians
HOCKEYSKOLOR**